# SKYLAR LYRALEN KAYE

**fae / they · SAG-AFTRA · Actors' Equity Association**
**Digital Portfolio & Reels:** lyralenkaye.com · bachelorx.co · Anothercountrytv
**Languages:** English (Native) · Spanish (Advanced Proficiency) · Portuguese (Basics) · French (Beginner)

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## PROFILE

An international neuroqueer auteur, film and stage actor, and master teacher with over three decades of experience creating diverse, unarmored, physically charged ensemble work and highly decorated independent media. Specializes in portraying non-traditional roles of psychological depth, comedic and dramatic range, and emotional transparency. As a creator, utilizes a proprietary somatic and psychological framework to build safe, collaborative, neurodiversity-aware, and consent-based creative containers. Recently relocated to Portugal following the launch of the award-winning series *Assigned Female at Birth* and the landmark 47-voice vocal performance of *Bachelorx*.

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## SELECTED PERFORMANCE CREDITS

**Film & Television (Selected)**

- **Assigned Female at Birth** (Series Regular: Daire) — Another Country Productions, dir. Lyralen Kaye
    - *Watch Featured Scene:* Season 3, Episode 6 – A comic/tragic sequence featuring a plural, queer therapist navigating a boundary crisis and an unravelling professional container.
- **Abe & Phil's Last Poker Game** (Principal) — dir. Howard Weiner (with Martin Landau and Paul Sorvino)
- **27 Dresses** (Principal) — 20th Century Fox, dir. Anne Fletcher
- **Before We Knew It (**Principal) — dir. Aaron Reardon
- **Wander My Friends** (Principal) — dir. Raz Cunningham
- **Mama's Boy** (Lead) — dir. Jim Russo and Michael Alan
- **Saint John the Divine in Iowa** (Teaser) (Lead) — dir. Don Foley and Lyralen Kaye
- **Escape from the Night** (Lead) — dir. Robert Smithline
- **Somehow** (Lead) — dir. Nicole Thomas
- **The Naturals** (Web) (Supporting Series Regular: Reagan) — dir. Caitlin Graham

**Theatre (Selected)**

- **Saint John the Divine in Iowa** (Reverend Alex - Lead) — Boston Playwrights' Theatre / ACP, dir. Julia Short
    - *Read Core Highlight:* Reverend Alex. Acclaimed dramatic sermon on spiritual loneliness in Gethsemane.
- **The Dutchman** (Lula - Lead) — Up You Mighty Race / UMass Boston, dir. Akiba Abaka
- **Betrayal** (Emma - Lead) — The Factory Theatre / Boston Center for the Arts, dir. Gail Phaneuf
- **Tomboy** (Madeleine - 2nd Lead) — NYC Fringe Festival / Boston Playwrights' Theatre, dir. Julien Tremblay

- **They Named Us Mary** (Claire - Lead) — PS Films / Boston Playwrights' Theatre, dir. Courtney O'Connor.
- **The Unveiling** (Vera - Lead) — Charlestown Playhouse, dir. Steve Rotolo
- **Memory of Water** (Theresa - 2nd Lead) — Way Theatre Artists / BCA Boston, dir. Greg Maraio
- **Bourbon and Cheesecake** (Dorothy - Lead) — Boston Theatre Marathon, dir. David Behrstock
- **Danny Ho (Workshop)** (Terri) — The Flea Theatre, New York, dir. Kevin Confoy
- **The Seagull** (Polina) — Theatre Zone, dir. Danielle Jacques
- **Downward Facing Dog** (Yvonne) — Boston Theatre Marathon, dir. Lindsay Allyn Cox
- **Improv Showcase** (Ensemble) — Specialized character work (80s high-energy teen; indulgent patriarch)
- **The Improbable Players** (Ensemble) — Professional touring troupe, Boston

**Solo Performance & Live Storytelling**

- **Bachelorx** (Solo Vocal Performer) — Audiobook production (2026), performing **47 distinct, unarmored character voices** spanning a lifetime of queer narrative threads.
- **Many Trump Refugees in One Body / My Preferred Pronoun Is WE** (Writer/Performer) — Dir. Caitlin Inglis & Lisa Merchant. Winner: *Best in Fringe* & *Tech Best in Fringe*, San Francisco Fringe (2018); Finalist: *Soaring Solo Artist Award*, Hollywood Fringe (2018).
    - Ar*chival Performance Clip*: Watch Live Stage Selection– A raw archival recording showcasing live character transitions, physical scoring, and comedic/dramatic solo performance.
- **Live Storytelling Showcases** — Storytelling Lisboa and Storytelling Ericeira, Portugal (2025–present).
    - *Archival Featured Live Performance:* Watch Live Storytelling Clip– *Recent Storytelling performance of comedic narrative.*
- **The Moth & Slam Circuits** — Winner: *The Moth StorySlam* (2017 - "My Mother the Nun and Me"); Winner: *Boston Story Slam* (2017/2018); Finalist: *Moth GrandSlam* (2019); Winner: *Boston Amazon Poetry Super Slam Finals* (1998); Performing Member: *Amazon Slam Team* (2003).

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## AUTEUR SCREENWRITING, DIRECTING & DEVISED THEATRE

- **Assigned Female at Birth** (Creator, Showrunner, Head Writer, Director, Editor) — 2020–2023. Queer ensemble web series constructed from 50 documentary-style interviews exploring marginalized bodies, gender, and identity. Winner of 14 international awards.
    - *Season 1 Teaser:* Watch clip. *Excerpts from Season 1.*
- **We Come** (Creator/Director) — Endicott College, 2013. Full-length devised physical theatre and movement piece built with a 28-student immigrant ensemble from Iraq, Guatemala, and the Dominican Republic mapping the visceral experience of displacement and emigration.
- **There Be Dragons** (Creator/Director) — Endicott College, 2013. Devised ensemble piece constructed from verbatim student testimony on school bullying.

- **InterMANzzo** (Creator/Director) — Endicott College, 2012. Devised physical piece investigating male identity, gender, sexuality, and intimacy; staged as a companion to Alan Ball's *Five Women Wearing the Same Dress*.
- **Prom** (Co-Creator/Director working with Weylin Symes) — Stoneham Theatre, 2012. Devised youth production tracking real testimonies on loyalty, coming out, and institutional belonging.
- **The Unburied Bones of Waterhouse Hawkins** (Assistant Director to Dan Hurlin) — Sarah Lawrence College, 2000.

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## ADVANCED PERFORMANCE TRAINING & LINEAGES

- **The Meisner Technique: (New York, New York).** Year long training with Fred Kareman at Carnegie Hall. Went on to teach Meisner in Boston from 2003-2018.
- **Avant-Garde & Physical Theatre:** Celebration Barn (Paris, ME). Multi-week intensive training in physical ensemble creation, improvisation, European clowning traditions, Le Coq movement and avant-garde staging.
- **Somatic Movement & Body Architecture:** Certified Yoga Teacher (RYT, 2012–Present) and practitioner in **Authentic Movement, Viewpoints** and **Lecoq** lineages.
- **Improvisation & Clowning:** Second City Toronto (2017–2018). Completed Comedy Improv levels 1-3, special workshops in clowning and solo performance. Specialized character study; worked directly with Lisa Merchant (*Many Trump Refugees in One Body*).
- **Short and Long Form Improvisation:** Improv Boston. Completed Levels 1-3. Focused on physical comedy and Commedia dell 'arte.
- **Cristina Cataldo and North Shore Music Theater Improv classes (2024):** Completed all levels, performed in public showcases.

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## PEDAGOGICAL FRAMEWORKS & ENSEMBLE FACILITATION

- **The Meisner Technique, Theatre Movement, Auditioning for Film and Theater, (Instructor, 2008–2018):** Trained professional ensembles, independent actors, and university cohorts for 15 years in achieving live, spontaneous, moment-to-moment performances. Developed a proprietary training methodology designed to bridge acute Meisner verbal/emotional responsiveness with visceral, kinetic expression.
- **Somatic & Physical Theatre Lineages (1998–2020):** Facilitator of specialized embodiment workshops utilizing training in Authentic Movement, Viewpoints and yoga-based performance modalities to create characters.
- **Nervous System & Consent Culture Architecture:** Pioneer in implementing consent culture as well as structural, trauma-informed guidelines for staging touch, neurodiverse-friendly communication pauses, and psychological safety in classrooms and on independent film sets and theatrical rehearsals.
- **Creative Writing & First-Person Voice Labs (1990–2023):** Facilitator of writing environments helping women, LGBTQ+, neurodivergent, and BIPOC participants translate raw memoir into theatrical, spoken-word texts.

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## AWARDS, GRANTS & HONOURS

Skylar Lyralen Kaye has accumulated numerous awards and honors for works like *Assigned Female at Birth* and *Saint John the Divine in Iowa*. A complete record of these awards, grants, fellowships, and finalist recognitions can be reviewed at Lyralen Kaye Website.

## GLOBAL ARTISTIC LEADERSHIP & THINK TANKS

- **Plural / Pluriell International Think Tank (Member, 2024–Present):** Core member of an international working group dedicated to investigating and expanding the plurality of ideas, choices, and structural perspectives within modern society. Advise on methodologies to maximize diversity, equity, inclusion, and authentic systemic representation across digital, cultural, and global media platforms.
- **Another Country Productions (Founder, Artistic Director, 2003–2023):** Formed as an inclusive, independent production house staging boundary-pushing theatre, digital media, and theater education. Engineered collaborative directing frameworks and sustained a diverse, multicultural resident ensemble explicitly prioritizing BIPOC, LGBTQ+, neurodivergent, and women artists. Lead teacher: Meisner, auditioning and movement.

## PUBLISHED WRITING, THEATER PRODUCTIONS & ADVOCACY

- **Books:** *Bachelorx, A Nonbinary Memoir* (2026); *Leaving Winter for a Desert Sky* (Novel, 2025); *Priest Kid* (Novela, 2017).
- **Selected Op-Eds (2026):** *Attitude*, *Diva*, *Outrage Magazine*, *Woman Around Town*.
- **Selected Poetry, Creative Nonfiction & Short Fiction:** Published features and award-winning selections in prominent literary and cultural publications, including a Pushcart nomination in fiction. (Full list of published items available via Lyralen Kaye web site).
- **USA National Theater Productions:** Full list of published items available via Lyralen Kaye web site).
- **Public Advocacy:** Three decades of intersectional feminist public speaking, civic testimony and activism including civil rights, zero tolerance for violence, advocacy for consent culture. Formal testimony before the New Hampshire Judiciary Committee, work on the South Eastern New Hampshire Child Advocacy Team. Worked with Boston BIPOC leaders to support anti-racism in arts and education. Speaker for the Freedom to Marry Coalition.

## EDUCATION & AFFILIATIONS

- **M.F.A. in Theatre**, Sarah Lawrence College, 2002
- **M.F.A. Program in Theatre**, Brandeis University, 1999–2000 (Full Scholarship)
- **B.A. in English**, University of Arizona, 1984 (Academic Scholarship; Minor in Spanish)
- **Affiliations:** SAG-AFTRA · Actors' Equity Association · Licensed Yoga Teacher (RYT)